Seminars in contraception

Tromsø, Norway, November 9-10, 2017

uit.no/semcontra
Program Thursday

10:30 Welcome/Opening

10:40 Reproductive health – Nordic perspectives
Speaker to be announced!

User patterns of contraception in the Nordic countries

11:00 Use of hormonal contraception in the Nordic countries
Ingela Lindh, PhD, Sahlgrenska Academy at Gothenburg University

11:30 Break

11:45 Teenagers - fertility and contraceptive patterns – Nordic countries
Helena Hognert, MD, Sahlgrenska Academy at Gothenburg University

12:00 Women in the forties – fertility and contraceptive patterns
Ingela Lindh, PhD, Sahlgrenska Academy at Gothenburg University

12:15 Counseling women in the forties on hormonal contraception
Mette Haase Moen, professor emerit. NTNU, Trondheim

12:30 Use of contraception after childbirth (FC)*
Birgitte Falck, med. stud., UiT The Arctic University of Norway

12:45 Lunch

Guidelines

13:45 EMAS recommendations and use of COCs in Norway (FC)*
Julie Ekman, med. stud., UiT, The arctic university of Norway

14:00 Nordic guidelines for use of contraception – barriers and possibilities
Each country – 10 minutes introduction – update on situation
Denmark: Øjvind Lidegaard, Professor, University of Copenhagen
Norway: Steinar Madsen, MD, Medical Director, The Norwegian Medicines Agency
Sweden: Kristina Gemzell-Danielson, professor, Karolinska Institutet
Finland: Mervi Halttunen, University of Helsinki

15:00 Break

Use of contraception and health risks

15:15 Reported adverse reactions from contraception in Norway – what are the learning points?
Steinar Madsen, MD, Medical Director, The Norwegian Medicines Agency

15:35 Hormonal contraception – depression and suicide
Øjvind Lidegaard, Professor, University of Copenhagen

15:55 Hormonal contraception and PMS
Inger Sundström Poromaa, MD, PhD, Karolinska Institutet

16:15 Break

16:35 Hormonal contraception and VTE
Øjvind Lidegaard, Professor, University of Copenhagen

16:55 Hormonal contraception and cancer
Phil Hannaford, professor, The University of Aberdeen, Aberdeen, UK

17:30 Hormonal contraception and migraine (FC)*
Nora Stensland Bugge, med. stud., UiT The arctic university of Norway, Tromsø

17:45 Use of contraception and subsequent fertility
Finn Egil Skjeldstad, professor, UiT The Arctic University of Norway

18:05 Break

The contraceptive “wheel” – a tool for quick answers?

18:20 A practical introduction – group sessions (6-8 participants in each group)

19:00 End day 1

20:00 Dinner
## Program Friday

### LARC and emergency contraception

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>08:30</td>
<td><strong>Pros and cons of LARC to young women.</strong>&lt;br&gt;Pros: 10 minutes: Oskari Heikinheimo, professor, University of Helsinki&lt;br&gt;Cons: 10 minutes: Øjvind Lidegaard, Professor, University of Copenhagen&lt;br&gt;Debate: 10 minutes</td>
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<td>09:00</td>
<td><strong>Emergency contraception – mechanisms of action/efficacy</strong>&lt;br&gt;Kristina Gemzell-Danielson, professor, Karolinska Institutet</td>
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<td>09:30</td>
<td><strong>Pill scare – the effect on contraceptive use and induced abortion</strong>&lt;br&gt;Christian Fiala, MD, PhD. Karolinska Institutet, and Gynmed Ambulatorium, Vienna, Austria</td>
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<td>10:00</td>
<td>Break/Check out</td>
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### Induced abortion

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<tbody>
<tr>
<td>10:30</td>
<td><strong>Induced abortion in the Nordic countries</strong>&lt;br&gt;Oskari Heikinheimo, professor, University of Helsinki</td>
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<td>10:50</td>
<td><strong>Simplified induced abortion</strong>&lt;br&gt;Kristina Gemzell-Danielson, professor, Karolinska Institutet</td>
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<td>11:05</td>
<td><strong>Postabortion counseling on contraception</strong>&lt;br&gt;Elina Pohjoranta, University of Helsinki</td>
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<td>11:20</td>
<td><strong>How do we understand the epidemiology of induced abortion and use of contraception – moral issues and facts</strong>&lt;br&gt;Finn Egil Skjeldestad, professor, UiT The Arctic University of Norway</td>
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<td>11:40</td>
<td><strong>Is there a place for Conscientious Objection in Reproductive Health?</strong>&lt;br&gt;Christian Fiala, MD, PhD. Karolinska Institutet</td>
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<td>12:00</td>
<td>Lunch</td>
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<td>13:00</td>
<td><strong>Reimbursement of contraception to young women – does it work?</strong>&lt;br&gt;Norway: Speaker to be announced!&lt;br&gt;Sweden: Ingela Lindh, PhD, Sahlgrenska Academy at Gothenburg University&lt;br&gt;Denmark: Øjvind Lidegaard, Professor, University of Copenhagen&lt;br&gt;Finland: Frida Gyllenberg, University of Helsinki</td>
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<td>14:00</td>
<td>Course test</td>
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<td>14:45</td>
<td>Closure/departure</td>
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*Free communication*
Seminars in contraception

Tromsø, Norway, November 9-10, 2017

The seminar is open for medical doctors, pharmacists, midwifes, public health nurses, and others with an interest for contraception living in the Nordic countries. The seminar gives a 10 hour credit in the Norwegian post-graduate program for specialization in general practice, community medicine and obstetrics & gynaecology.

Seminar fee
Nok 4200.- which covers participation, 4 coffee breaks, 2 lunches and dinner Thursday night. (hotel not included). Day packages not available.

Register here
Registration will be confirmed when payment of seminar fee are credited the university account given in the invoice. Registration deadline: 31. August 2017

Location
Scandic Ishavshotell, Tromsø
Booking reference: 46194403
E-mail: Meeting.ishavshotel@scandichotels.com

Contact
If you have any questions, please contact:
Gerd Sissel Furumo
e-mail: gerd.furumo@uit.no

Organized by
Department surgery, cancer and womens’ health, University hospital of Northern Norway, and Institute of community medicine, UiT The arctic university of Norway

Local organizing committee
Ingard Nilsen, MD, Head, Unit of womens’ health, Dep. Surgery, cancer and womens’ health, University hospital of Northern Norway, Tromsø
Finn Egil Skjeldestad, MD, Institute of community medicine, UiT The arctic university of Norway
Gerd Furumo, Institute of community medicine, UiT The arctic university of Norway